

Multiple Intelligences Inventory for Teachers

1) Linguistic Intelligence

- ___ Books are very important to me;
- ___ I can hear words in my head before I read, speak or write them down;
- ___ I get more out of listening to the radio or a spoken-word recording than I do from television or films;
- ___ I enjoy word games like Scrabble, Anagrams or Password;
- ___ I enjoy entertaining myself or others with tongue twisters, nonsense rhymes, or puns;
- ___ Other people sometimes have to stop and ask me to explain the meaning of the words I use in my writing and speaking;
- ___ English, social studies and history were easier for me in school than math and science;
- ___ Learning to speak or read another language has been relatively easy for me;
- ___ My conversation includes frequent references to things that I have read or heard;
- ___ I have written something recently that I was particularly proud of

2) Logical/Mathematical Intelligence

- ___ I can easily compute numbers in my head;
- ___ Math and/or science were among my favourite subjects in school;
- ___ I enjoy playing games or solving brainteasers that require logical thinking;
- ___ I like to set up little 'what if' experiments;
- ___ My mind searches for patterns, regularities or logical sequences in things;
- ___ I am interested in new developments in science;
- ___ I believe that almost everything has a rational explanation;
- ___ I sometimes think in clear, abstract, wordless, imageless concepts;
- ___ I like finding logical flaws in things that people say and do at home and work;
- ___ I feel more comfortable when something has been measured, categorized, analysed or quantified in some way

3) Spatial/Visual Intelligence

- ___ I often see clear visual images when I close my eyes;
- ___ I am sensitive to colour;
- ___ I frequently use a camera to record what I see around me;
- ___ I enjoy doing jigsaw puzzles, mazes and other visual puzzles;
- ___ I have vivid dreams at night;
- ___ I can generally find my way around unfamiliar territory;
- ___ I like to draw or doodle;
- ___ Geometry was easier for me than algebra in school;
- ___ I can comfortably imagine how something might appear if it were looked down on from directly above in a bird's-eye view;
- ___ I prefer looking at reading material that is heavily illustrated

4) Bodily-Kinaesthetic Intelligence

- ☐ I engage in at least one sport or physical activity on a regular basis;
- ☐ I find it difficult to sit still for long periods of time;
- ☐ I like working with my hands at concrete activities such as sewing, weaving, carving, carpentry or model building;
- ☐ My best ideas often come to me when I'm out for a long walk or a jog or when I'm engaging in some other kind of physical activity;
- ☐ I often like to spend my free time outdoors;
- ☐ I frequently use hand gestures or other forms of body language when conversing with someone;
- ☐ I need to touch things in order to learn more about them;
- ☐ I enjoy daredevil amusement rides or similar thrilling physical experiences;
- ☐ I would describe myself as well coordinated;
- ☐ I need to practise a new skill rather than simply reading about it or seeing a video that describes it

5) Musical Intelligence

- ☐ I have a pleasant singing voice;
- ☐ I can tell when a musical note is off-key;
- ☐ I frequently listen to music on radio, records, cassettes or compact discs;
- ☐ I play a musical instrument;
- ☐ My life would be poorer if there were no music in it;
- ☐ I sometimes catch myself walking down the street with a television jingle or other tune running through my mind;
- ☐ I can easily keep time to a piece of music with a simple percussion instrument;
- ☐ I know the tunes to many different songs or musical pieces;
- ☐ If I hear a musical selection once or twice, I am usually able to sing it back fairly accurately;
- ☐ I often make tapping sounds or sing little melodies while working, studying or learning something new

6) Interpersonal Intelligence

- ☐ I am the sort of person that people come to for advice and counsel at work or in my neighbourhood;
- ☐ I prefer group sports like badminton, volleyball or softball to solo sports such as swimming and jogging;
- ☐ When I have a problem, I am more likely to seek out another person for help than attempt to work it out on my own;
- ☐ I have at least three close friends;
- ☐ I favour social pastimes such as Monopoly or bridge over individual recreations such as video games and Solitaire;

- ___ I enjoy the challenge of teaching another person, or groups of people, what I know how to do;
- ___ I consider myself a leader (or others have called me that);
- ___ I feel comfortable in the midst of a crowd;
- ___ I like to get involved in social activities connected with my work, church or community;
- ___ I would rather spend my evenings at a lively party than stay at home alone;

7) Intrapersonal Intelligence

- ___ I regularly spend time alone meditating, reflecting, or thinking about important life questions;
- ___ I have attended counselling sessions or personal growth seminars to learn more about myself;
- ___ I am able to respond to setbacks with resilience;
- ___ I have a special hobby or interest that I keep pretty much to myself;
- ___ I have some important goals for my life that I think about on a regular basis;
- ___ I have a realistic view of my strengths and weaknesses (borne out by feedback from other sources);
- ___ I would prefer to spend a weekend alone in a cabin in the woods rather than at a fancy resort with lots of people around;
- ___ I consider myself to be strong willed or independent minded;
- ___ I keep a personal diary or journal to record the events of my inner life;
- ___ I am self-employed or have at least thought seriously about starting my own business

8) Naturalist Intelligence

- ___ I like to spend time backpacking, hiking or just walking in nature;
- ___ I belong to some kind of volunteer organization related to nature, and I am concerned about helping to save nature from further destruction;
- ___ I thrive on having animals around the house;
- ___ I'm involved in a hobby that involves nature in some way (e.g., bird watching);
- ___ I've enrolled in courses relating to nature at community centres or colleges (e.g., botany, zoology);
- ___ I'm quite good at telling the difference between different kinds of trees, dogs, birds or other types of flora or fauna;
- ___ I like to read books and magazines or watch television shows or movies that feature nature in some way;
- ___ When on vacation, I prefer to go off to a natural setting (park, campground, hiking trail) rather than to a hotel/resort or city/cultural location.
- ___ I love to visit zoos, aquariums, or other places where the natural world is studied;
- ___ I have a garden and enjoy working regularly in it

Bibliography: Armstrong, T. (2009), *Multiple Intelligences in the Classroom* (3rd edition), Alexandria, VA: Association for Supervision and Curriculum Development